



FACILITY AND EQUIPMENT SAFETY

It is important to ensure that all facilities and equipment used is in good and safe condition. In the event that any member of the St. Jude's Football Club (SJFC) feels unsafe, they must report the hazard immediately to the Head Coach or Management.

SJFC Athletic Dome

- Ensure that the revolving door is in working condition
- Ensure that all emergency doors are in working order
- Inspect and maintain the turf field and remove all hazards. Report deficiencies immediately

Goal Safety

- Inspect all goals to ensure there is no visible damage
- Ensure that all sides of the goals are supported with the correct number of sandbags
- No persons should climb, swing on or play with the goalposts
- Ensure that nets are secured on all sides with the provided plastic hooks

Blood

If someone is bleeding or has an open wound, they will be asked to leave the playing field until the bleeding has stopped, the wound is treated, covered and all blood has been cleaned from the skin and uniform. If the uniform cannot be cleaned, they will be asked to change before returning to the playing field.

Personal Player Equipment

Players enrolled in any St. Jude's Football Club program are required to provide

- Their own fitted shin pads and soccer shoes.
- When training on turf fields, players are required to wear turf shoes with rubber studs.

- During training sessions or outdoors games on grass fields, players are permitted to wear standard cleats with plastic studs.

The following items are not permitted while training as they pose a risk of injury to others

- Personal jewelry including rings, necklaces, bangles, watches, earrings, piercings of any kind
- Glasses during any on-field activity. Players who wear glasses must wear prescription sport goggles while participating in any on field program to avoid injury

Headscarf and Turban

As outlined in Law 4 of the FIFA Laws of the Game, where head covers (excluding goalkeepers' caps) are worn, they must:

- be black or the same main colour as the shirt (provided that the players of the same team wear the same colour)
- not be attached to the shirt
- not pose any danger to the player wearing it or any other player (e.g. fastener at the neck)
- not have any protruding elements

Other headscarves are also permitted provided the above criteria are met.

Players Wearing Casts Policy

Hard casts can pose a danger to both the wearer and other players and are not permitted on the playing field. Adding soft padding to the hard cast does not reduce the risk of injury.

Soft, lightweight, padded materials are not considered a risk and are permitted. Players wearing a soft cast will be allowed to play provided that there is no risk of danger to themselves or another player.

The Referee will make the final decision if a player wearing a cast is permitted to play.

Using a cast with the intent to hurt or intimidate an opponent will not be tolerated and the player will be asked to leave the field.

Player Insulin Pump Policy

Players required to wear an insulin pump due to a medical condition will be permitted to play provided that they have received medical clearance and are able to provide

the referee with a medical note. The pump must not pose a danger to the individual wearing the pump or to any other player.

Lightning/Severe Weather Policy

The safety of all persons is of the utmost importance, if you hear thunder please stop all game play/training and move to a safe location as you can get struck by lightning. Stay in the safe location for 30 minutes after the last roar of thunder.

- If thunderstorms are expected, training will move indoors when possible
- If you hear thunder move everyone to a safe location (nearest enclosed building). Shelters, sheds and tents are not considered to be safe and cannot protect you from lightning. If there are no buildings near by, get to the closest metal-roofed vehicle and close all the windows
- If you are caught outdoors far from shelter; stay away from tall trees, poles, wires and fences.

If someone is struck by lightning call 911 immediately as the injured may be suffering from shock or burns.

- Persons who are struck by lightning do not carry an electrical charge and can be handled safely. Give first-aid. If the person has stopped breathing administer CPR until medical help arrives.